Suggestopedia Teacher Training

also known as Accelerated Learning at Lozamov-International

Note: Note:

with Lonny Gold: 20 - 31 January 2014 in Sofia, Bulgaria

Acquire the vision, the resources, the inner strength and the subtle techniques of Suggestopedia to spark excitement in learning and insure extraordinary results. Ten days of quick-moving, thought-provoking and highly entertaining activities will enable you to use music, role-plays and games to appeal to long-term memory and create those "instants of recognition" that form the basis of effective learning in any subject.



This course will be engaging, energetic, supportive and creative. Even deep psychological issues will be dealt with through quick-moving games that never get bogged down, but just plant seeds and develop into other stimulating and thought-provoking activities.

Our objective will be to clarify visions and offer practical tools to enable others to succeed and become the people they want to be. There is a strong likelihood that through this process, you will develop into the kind of teacher and trainer your learners have always dreamed of. The message running throughout this seminar will be

When teachers look after their learners, the learning looks after itself!

The Trainer:

Originally Canadian, Lonny Gold has been at the core of Suggestopedia since 1978 and runs AL training courses worldwide on teaching to the unconscious mind as well as language and communications seminars. He was the Founder-President of France's National Council of Suggestology, is a founding member of Sweden's Suggestopedic Academy and was on the Board of Directors of SEAL in Britain for many years. An accredited trainer with Germany's DGSL and a Level 3 IAL trainer in the US, he has been conducting exuberant seminars and certifying other Suggestopedic teachers for over 25 years.



Course Content - An Overview:

This 10-day adventure together will:

- ★ give participants an in-depth understanding of the Suggestopedic approach, enable participants to create and run effective Suggestopedic courses and develop, in participants, the skills and sensitivity to be able to do all of this successfully and responsibly;
- ★ make it possible for participants to:
 - ✤ design learning activities that appeal to long-term memory,
 - ✤ activate the reserve capacities of the unconscious mind
 - help their learners learn how to learn;
- ★ initiate participants to non-linear and indirect forms of communication that satisfy learners' emotional needs;
- ★ show how to create learning environments where learners feel safe enough to open up and take the incredible risks that are the pre-requisite to accelerative learning and real transformation;
- **heighten** participants' **perception** and natural **intuition**.

Of particular interest to:

- ✤ Teachers of all subjects
- Corporate trainers
- University professors
- Educational consultants
- Psychologists
- ✤ Life coaches
- School administrators
- Company managers

Course Specifics:

This is a 10-day course with 6 hours of instruction a day, followed by optional feedback, questions and discussion. This is what the day will look like:

9.00 – 10.30 am: 1st session:

10.30 – 11.00 am: Coffee / Tea break

11.00 – 12.30 am: 2nd session:

12.30 – 2 pm: Lunch

2.00 – 3.30 pm: 3rd session

3.30 – 4.00 pm: Tea / Coffee break:

4.00 – 5.30 pm: 4th session:

5.45 – 6.15 pm: Optional Feedback Session

No course will have more than 15 participants.

Tuition Fees and what these Include:

Course Fee: € 1295

This price includes:

- tuition fees
- ✤ teaching material
- ♦ cost of the venue

This price does not include:

✤ Accommodation, meals, transport or transfer costs

Accommodation prices: 4-star hotels at between € 80 - € 90 a night

3-star hotels at between € 50 - € 60 a night

Negotiated seminar price at hotel venue € 25 a night



Skills participants will acquire:

After these 10 days you will be able to:

- ★ present activities in ways that ensure total learner commitment and enthusiasm from the outset
- ★ give instructions that are models of conciseness
- ★ design activities that are truly challenging but where everyone succeeds
- ★ use activities as "distractions" for key information to only be perceived *peripherally* thereby ensuring easier access to *longterm memory*
- ★ create variation in nature, rhythm and speed of activities to correspond to normal cycles of mental alertness



- ★ personalise information and use memory hooks to facilitate retention
- ★ use story-telling, anecdotes and jokes to set in place chains of association that develop and improve memory
- ★ conclude every activity so that the energy it generates is immediately recycled into the next
- ★ design posters that teach learners through *peripheral perception*
- ★ use Classical music to encode information with emotional colour in order for the *limbic system of the brain* to process it to enhance *long-term memory*
- ★ use Baroque music to bring about heightened awareness and a greater capacity to absorb
- ★ more accurately read non-verbal signals in others, and gain greater mastery over your own non-verbal signals
- ★ use *indirect correction* techniques that learners may not notice but which work immediately

Qualities that participants will develop:

- ★ Management abilities that enable you to predict the outcomes of processes that you initiate, without stifling others through excessive control
- ★ The capacity to orchestrate activities that appeal to, and work for, learners with different perceptual dominances and diverse learning styles
- ★ Greater sensitivity to communication processes, heightened perception and more accurate intuition
- ★ More reliable access to your own inner resources and ways of fuelling yourself with energy so that the group can power ahead in the confidence that its "guardian angel" will keep the environment safe and nurturing
- ★ An aptitude to identify which developmental road learners are travelling along and tailor your message to their own perceptions of their deepest aspirations
- ★ Greater insight into who you are and what your strengths, weaknesses and blind spots are
- ★ Greater facility to empathise with learners whose needs you have had difficulty catering to up until now



Registration Details and Miscellaneous Information:

Registration for the course itself

is through Dr Ina Lozanova Lozanov-International Office 10 N6 Payo Yavarov Blvd

Sofia 1421, Bulgaria

Payment can be made by bank transfer, cheque or in cash (Euros, Dollars or Sterling)

Enrolment can only be confirmed on receipt of a \in 500 downpayment - banking details on request.



For a deeper overview, do have a look at Lonny's web site at www.lonnygold.com. Should you encounter difficulties of any sort, don't hesitate to contact Lonny at lonnygold13@gmail.com



See you in January ...???...