

A Self-Assessment

Circle the number on the scale that best matches your situation, with 0 indicating "Not at all" and 4 indicating "To a great extent."

I demonstrate that I am personally interested in students.

Not at all To a great extent

0 1 2 3 4

I use equitable classroom behavior.

Not at all To a great extent

0 1 2 3 4

My responses to students' incorrect answers validate students' participation and communicate that their answers are welcome and honored.

Not at all To a great extent

0 1 2 3 4

The way in which I communicate with students conveys that they are important and that I value what they say and do.

Not at all To a great extent

0 1 2 3 4

I have a commitment to learning about the needs of different types of students in my classes.

Not at all To a great extent

0 1 2 3 4

I am prepared to interact positively and productively with different types of high-needs students.

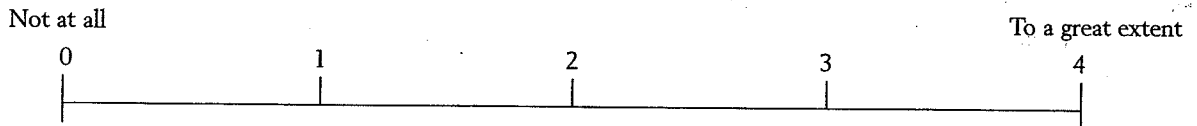
Not at all To a great extent

0 1 2 3 4

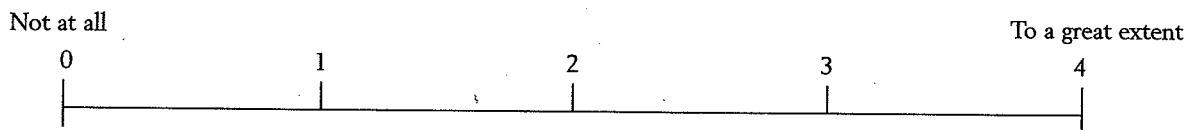
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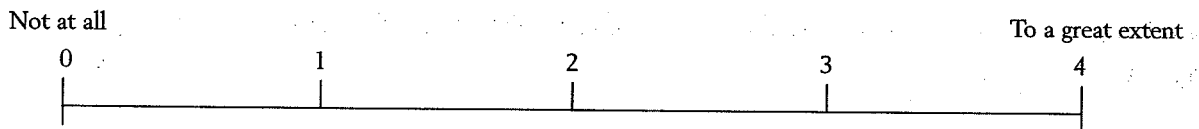
I regularly monitor my classroom and address behavioral issues before they are problems.



I exhibit emotional objectivity with all students, even when I have negative reactions or judgments toward certain students.



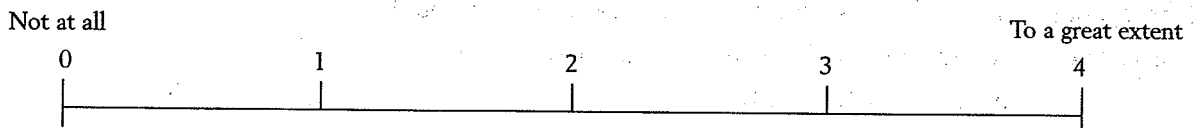
If I have a negative reaction to a student, I am effective in identifying the source of my reaction and reframing the issue.



When I have a disagreement with a student or a student is upset about something, I am effective in communicating in such a way that the student experiences being heard and is left feeling empowered.



I regularly monitor my mental and physical health.



I regularly draw on a number of strategies to take care of myself and ensure that I am able to work at my best level.

